



Pleasure

1

Look at the picture on pages 90 to 91 of the EMOTIONARY and answer the questions.

- What are the characters doing?

They are juggling and balancing acorns on their noses.

- Do you think they are having fun? How can you tell?

Yes. Because they look happy.

2

Get a glass of your favourite drink. Drink it slowly and concentrate on the flavour. Then answer the questions.

- Is it hot or cold?

Open answer

- What does it taste like? Is it sweet or bitter?

Open answer

- What does it feel like in your mouth? Is it pleasant? Is it fizzy? Does it tickle your tongue?

Open answer

3 Read the text about **pleasure** on page 90 of the EMOTIONARY and answer the questions.

- What two emotions make up pleasure?

Satisfaction and delight.

- What is pleasure produced by?

It's produced by something that we really like.

- What kind of activities do we find pleasure in?

We find pleasure in all sorts of activities: for example, playing with our friends, daydreaming, or looking at beautiful things.

- What do we need to do to feel pleasure?

We need to concentrate.

4 To **appreciate** pleasure, we need to **concentrate**. Complete the sentences with other verbs that end in **-ate**.

- A teacher's job is to **educate**.
- A surgeon's job is to **operate**.
- If you say that something is bigger, better or worse than it really is, you **exaggerate**.
- If you go on to the street to protest, you **demonstrate**.

5 The text on page 90 of the EMOTIONARY talks about different activities that we can find pleasure in. Match each activity with its example.

● fantasising	● getting a hug from a member of your family
● looking at beautiful things	● playing snakes and ladders with your grandma
● solving problems	● studying the pictures in the EMOTIONARY
● playing	● imagining what life on Mars would be like
● feeling loved	● working out how to put a table together

6 Now match each activity with the kind of pleasure it belongs to.

● fantasising	● emotional pleasure
● looking at beautiful things	● aesthetic pleasure
● solving problems	● psychic pleasure
● playing	● ludic pleasure
● feeling loved	● intellectual pleasure

7 Now write down some examples of things that you like doing for each kind of **pleasure**. *Open answer*

- psychic pleasure → _____
- aesthetic pleasure → _____
- intellectual pleasure → _____
- ludic pleasure → _____
- emotional pleasure → _____

8 Ask a friend what things give them pleasure, and why. Write down what they say.

Open answer

9 Now choose one of the things your friend told you about and carry it out. Whilst you are doing it, concentrate on the pleasure it gives you. Then answer the questions.

- Did you feel pleasure? Describe what you felt.

Open answer

- Did you have to concentrate a lot? Why? / Why not?

Open answer

- Do you think that what you did is something you could get pleasure from too?

Open answer

- Do you think that everyone gets pleasure from the same things? Why? / Why not?

Open answer

10

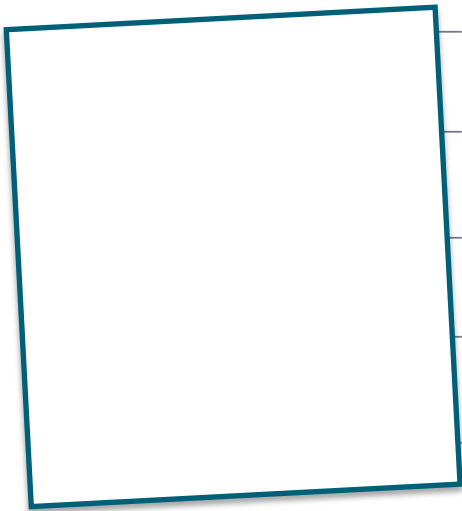
Make a list of some little pleasurable things and draw pictures to go with your list. Look around you for ideas. All the things you choose should meet these requirements:

● They should be free

● They should be available for everybody

Little pleasurable things

Sample answer: sitting in the sun; having a snowball fight; talking to my best friend; running round the playground; laughing at a joke.



Handwriting lines for the worksheet, consisting of horizontal lines that are partially obscured by the drawing boxes.



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NOTES

The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html