



Pleasure

1	Look at the picture on pages 90 to 91 of the EMOTIONARY and answer the questions.				
	What are the characters doing?				
	Do you think they are having fun? How can you tell?				
2	Get a glass of your favourite drink. Drink it slowly and concentrate on the flavour. Then answer the questions. Is it hot or cold?				
	What does it taste like? Is it sweet or bitter?				
	What does it feel like in your mouth? Is it pleasant? Is it fizzy? Doe it tickle your tongue?				

Worksheets





Read the text about pleasure on page 90 of the EMOTIONARY and answer the questions.

What two emotions make up pleasure?
What is pleasure produced by?
What kind of activities do we find pleasure in?

What do we need to do to feel pleasure?

To appreciate pleasure, we need to concentrate. Complete the sentences with other verbs that end in -ate.

- A teacher's job is to ______.A surgeon's job is to ______.
- If you say that something is bigger, better or worse than it really is, you ______.
- If you go on to the street to protest, you ______.

Worksheets





The text on page 90 of the EMOTIONARY talks about different activities that we can find pleasure in. Match each activity with its example.

fantasising	getting a hug from a member of your family
looking at beautiful things	playing snakes and ladders with your grandma
solving problems	studying the pictures in the EMOTIONARY
playing	imagining what life on Mars would be like
feeling loved	working out how to put a table together

Now match each activity with the kind of pleasure it belongs to.

fantasising	emotional pleasure
looking at beautiful things	aesthetic pleasure
solving problems	psychic pleasure
playing	ludic pleasure
feeling loved	intellectual pleasure

Now write down some examples of things that you like doing for each kind of pleasure.

- psychic pleasure → ______
- aesthetic pleasure → ______
- intellectual pleasure → _______
- ludic pleasure
 → _______
- emotional pleasure → ______

Worksheets





Now choose one of the things your friend told you about and it out. Whilst you are doing it, concentrate on the pleasure it you. Then answer the questions. Did you feel pleasure? Describe what you felt. Did you have to concentrate a lot? Why? / Why not? Do you think that what you did is something you could pleasure from too?	
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	Then answer the questions.
•	Then answer the questions. Did you feel pleasure? Describe what you felt.

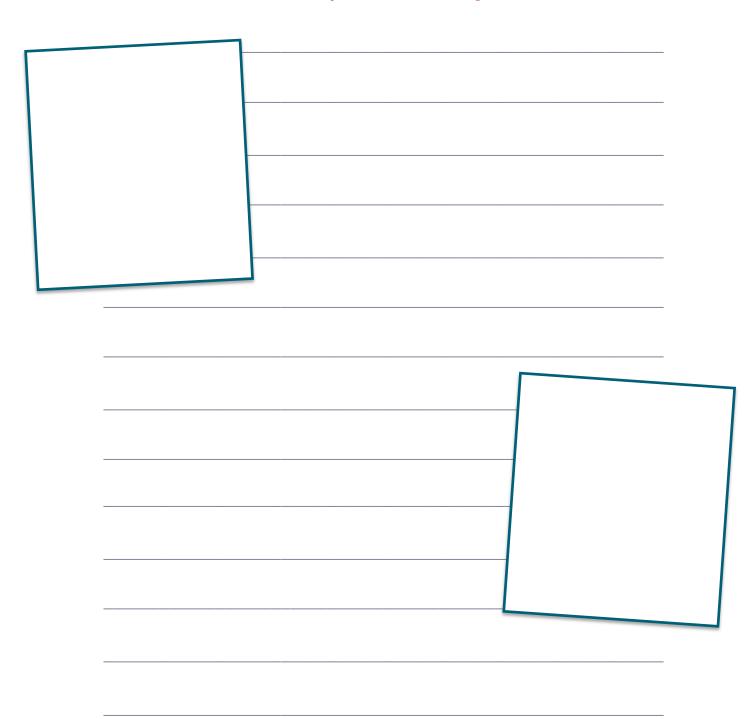
WORKSheets





- Make a list of some little pleasurable things and draw pictures to go with your list. Look around you for ideas. All the things you choose should meet these requirements:
 - They should be free
- They should be available for everybody

Little pleasurable things







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NOTES

The EMOTIONARY worksheets belong to the Say What You Feel series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html

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