



# Disappointment

1

Look at the picture on pages 76 to 77 of the EMOTIONARY and answer the questions.

- Where do you think the fox has come from?

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- Why do you think he has come here?

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- What did he find when he got here?

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- Can he do what he planned to do? Why? / Why not?

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2

What do you think the fox is thinking at the moment?

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**3** Read the text on page 76 of the EMOTIONARY and write **T (true)** or **F (false)** next to the sentences.

- Disappointment is a good feeling.
- We feel disappointed when we find out that something we were happy about isn't true.
- We feel disappointed when people live up to our expectations.
- It's possible to get through life without ever being disappointed.

● Now correct the false sentences.

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**4** What do surprise and **disappointment** have in common? Write your answer below.

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**5** What does **to live up to** mean? Underline the words that mean the same.

*to satisfy*

*to be better than*

*to match*

*to be as good as*

*to be worse than*

● Tick the sentence in which **live up to** is used correctly.

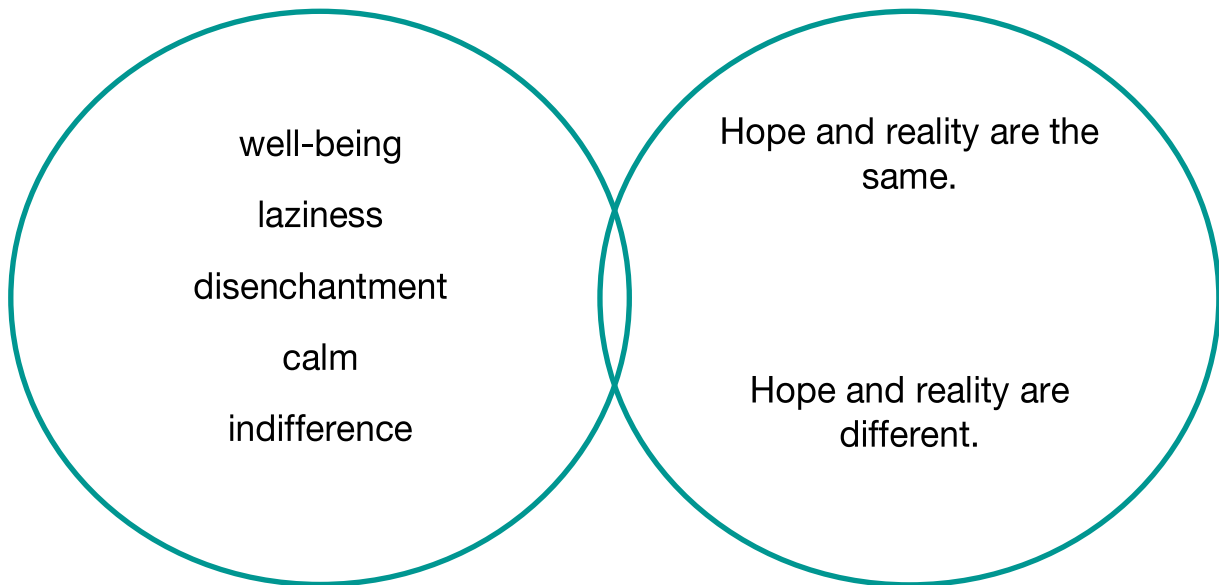
- The ice cream looked delicious. When I tried it, it lived up to all my expectations: it was amazing!
- The ice cream looked delicious but then it lived up to my expectations and I had to throw it away.

6 How do we feel when we experience **disappointment**?

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7 Circle a word from the first circle and a sentence from the second which are related to **disappointment**.



8 Now say why the fox in the picture on page 76 to 77 of the EMOTIONARY is **disappointed** – relate your answer to the things you circled in Activity 7.

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**9** Ask two grown-ups who know you well to tell you about a time when you experienced **disappointment**. Complete the information for each story.

Disappointment 1	
What did I believe to begin with?	
How did I find out the truth?	
How did I react?	
What did I learn from the experience?	

Disappointment 2	
What did I believe to begin with?	
How did I find out the truth?	
How did I react?	
What did I learn from the experience?	

10

The fox in the picture on pages 76 to 77 is **disappointed** because he can't do what he wanted to do. What can he do now? Offer him alternatives.

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11

In the situation depicted on pages 76 to 77 of the EMOTIONARY, the fox isn't the only one affected. Answer the questions.

● Who else is suffering from the lack of water?

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● Who is the most affected by the situation?

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● Can the fox do anything to help the frogs? If so, what?

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● What can the fox learn from this situation? Why?

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# Disappointment

## NOTES

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The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to [www.palabrasaladas.com/f/emo\\_eng.html](http://www.palabrasaladas.com/f/emo_eng.html)