



Excitement

1 Look at the picture on pages 68 to 69 of the EMOTIONARY and answer the questions.

● What is the cat looking at?

● What do you think it is waiting for?

2 Write down three things that you get excited about.

● Why do you get excited about these things? What do you get out of them?

3

Read the text about **excitement** on page 68 of the EMOTIONARY and complete the sentences.

- Excitement is the anticipation that we feel _____.
- Excitement is an ingredient which makes life more _____.
- Practically anything can _____.

4

Match each word to its definition.

- anticipation a party or special event
- energy one of the foods we use in making a special meal
- celebration enthusiasm and determination
- ingredient a feeling of excitement about something that is going to happen soon

5

Match each ingredient to the dish it belongs to.

- Digestive biscuits full English breakfast
- minced meat chicken tikka massala
- potatoes lasagna
- bacon banoffee pie
- curry paste Spanish omelette
- flour apple crumble

9 Read what Nick said one day.

My sister Ciara gets excited when she thinks about learning to ride a horse. My mum has said she can if she works hard at school this year. But I get excited when I imagine myself BEING a horse and galloping through the countryside!

NICK

- Do you think that Ciara’s dream will be fulfilled? What does she have to do to achieve it?

- What about Nick’s dream? Will it ever be fulfilled?

- Is it more disappointing to have a dream like Nick’s or like Ciara’s? Why?

- Think about some of the things you get excited about (you can use the things you wrote down in activity 2, then add some more) and put them in the correct column in the table below.

Dreams that can be fulfilled	Dreams that can’t be fulfilled

10

Look again at the picture on pages 68 to 69 of the EMOTIONARY. Do you think that the cat's dreams will be fulfilled? Why? / Why not?

11

Write down three reasons why you might get excited in the following situations.

- celebrating your grandma's birthday

- moving house

- going on a school trip
