





Excitement

1	Look at the picture on pages 68 to 69 of the EMOTIONARY and answer the questions.							
	What is the cat looking at?							
	What do you think it is waiting for?							
2	Write down three things that you get excited about.							
	Why do you get excited about these things? What do you get out of them?							

Worksheets





Read the text about excitement on page 68 of the EMOTIONARY and complete the sentences.

Excitement	is	the	anticipation	that	we	feel

- Excitement is an ingredient which makes life more
- Practically anything can ______

4 Match each word to its definition.

- anticipation a party or special event
- energy one of the foods we use in making a special

meal

- celebration enthusiasm and determination
- ingredient a feeling of excitement about something that

is going to happen soon

5 Match each ingredient to the dish it belongs to.

- Digestive biscuits full English breakfast
- minced meat chicken tikka massala
- potatoes lasagna
- bacon banoffee pie
- curry paste
 Spanish omelette
- flour apple crumble

Worksheets





6	In one Winnie the Pooh story, Pooh was thinking about honey. He
	thought that eating honey was a very good thing to do, but 'there
	was a moment just before you began to eat it which was better
	than when you were, but he didn't know what it was called'. What
	was the word he didn't know?

7	Complete the sentences with words from the excitement family					
	excitement >	excited	exciting	unexciting		
		to excite	excitable			
	Jess had a really weekend. Sh					
	didn't feel very v	vell, so she staye	ed at home with	her grandad,		
	whilst her family	went to the fair.				

- Isaac is _____ about his birthday already and it isn't for another month! He's a very ____ person.
- Sarah, don't _____ the dog! He's going to start barking!
- We are going on holiday tomorrow. It's so
 ______!
- What is the opposite of excitement? Put the letters in order to make two words.

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WORKSheets







Read what Nick said one day.

My sister Ciara gets excited when she thinks about learning to ride a horse. My mum has said she can if she works hard at school this year. But I get excited when I imagine myself BEING a horse and galloping through the countryside!

NICK

- Do you think that Ciara's dream will be fulfilled? What does she have to do to achieve it?
- What about Nick's dream? Will it ever be fulfilled?
- Is it more disappointing to have a dream like Nick's or like Ciara's? Why?

Think about some of the things you get excited about (you can use the things you wrote down in activity 2, then add some more) and put them in the correct column in the table below.

Dreams that can be fulfilled	Dreams that can't be fulfilled

Worksheets



- Look again at the picture on pages 68 to 69 of the EMOTIONARY. Do you think that the cat's dreams will be fulfilled? Why? / Why not?
- Write down three reasons why you might get excited in the following situations.
 - celebrating your grandma's birthday

- moving house
- going on a school trip









NOTES

The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html