



Confusion

1 Underline the words that are related to **confusion**.

chaos

silence

order

disorder

messiness

serenity

commotion

muddle

● Now write some more words that you associate with **confusion**.

Sample answer: turmoil, lost, disorientation.

2 Which things in the picture on pages 44 to 45 of the EMOTIONARY create a feeling of **confusion**? Write them below.

Sample answer: The birds' nest is not in the tree, but on the ground in the shade. There are lots of leaves on the ground and you can see the shadows of birds, but not the birds themselves.

3

Read the text on page 44 of the EMOTIONARY and correct the sentences.

- Confusion is a sequence of organised emotions.

Confusion is a messy mix of feelings.

- Confusion is a mix of feelings you immediately know how to interpret.

Confusion is when we are not sure what is expected of us. It paralyses us.

- Someone who is confused knows exactly what is happening.

Someone who is confused doesn't know what is happening.

4

Read the definitions and find four words in the word search which appear in the text on page 44 of the EMOTIONARY.

- To make someone lose the ability to move or think properly.
paralyse

- When something happens out of the blue, it is **unexpected**.

- The opposite of 'tidy'. **messy**

- A combination of different elements. **mix**

- A feeling of respect and approval. **admiration**

M	I	X	K	P	C	E	L	M	R	B	I	P	L	U
V	A	U	I	B	Y	P	F	K	A	D	Q	R	B	N
U	Q	U	F	U	G	I	A	Q	O	B	C	U	T	E
U	B	S	X	R	M	G	D	O	A	D	Z	J	K	X
W	B	K	N	B	H	P	M	D	B	H	Q	J	E	P
C	B	A	Q	T	B	E	I	Y	Q	H	D	M	K	E
F	V	G	T	M	R	I	R	Y	O	L	A	D	X	C
G	M	H	X	B	R	R	A	Y	N	K	F	Z	Y	T
B	R	J	M	A	K	D	T	V	S	Q	Z	Z	M	E
N	Z	J	T	N	F	Q	I	L	O	S	R	G	L	D
Q	O	Z	K	U	Z	R	O	Y	S	S	E	M	R	N
N	U	D	R	U	T	Q	N	X	B	D	X	O	Y	D
C	K	D	L	W	R	D	L	I	I	B	W	X	V	Y
E	S	Y	L	A	R	A	P	M	C	S	L	O	K	S

5

Read the text and answer the questions.

New Emotions

Have you ever experienced 'irritlove' or 'irrhappiness'?

We rarely experience 'irritlove'. It occurs when we love a person but that person does something that makes you feel 'irrhappy'. For example, they tell the same joke ten times. Or they splash us when they are in the bath and wet our clothes. Does this irritate us? Yes, but it also makes us feel happy. We get angry for a moment, but it passes immediately. And we still love the person, even though we are irritated with them.

- Which two new emotions does the text talk about?

Irritlove and irrhappiness.

- What are they a mix of?

Irritation, love and happiness.

- Have you ever felt either of them?

Open answer

6

Now create your own new feeling. Give it a name and explain what it consists of.

Open answer

7 Read what Paul says.

I don't know what's wrong with me. I'm confused. My sister, Jasmine, won a poetry competition at school. Everyone is talking about how amazing her poetry is and how clever she is. I should be happy for her but I feel sorry for myself. Why didn't I win? Of course, I have to admit that my sister is really good with words. No one else in my class has such a clever sister!

● What do you think that Paul is feeling?

happiness

confusion

envy

fear

pride

shyness

● Do you think that Paul has explained his feelings well? Why? Why not?

Yes, he's talked openly about his conflicting feelings.

8 The text says that we can experience several feelings **simultaneously**. Underline two words or expressions that mean the same as **simultaneously**.

equally

at the same time

with the same strength

together

one after the other

in order

9 Think of four times when you have felt a mixture of feelings simultaneously, and try to analyse them.

Open answer

1. _____

2. _____

3. _____

4. _____

10 Now write down some situations in which you might feel these mixes of emotions.

Open answer

helplessness + fear = _____

anger + embarrassment = _____

loneliness + serenity = _____

