



Embarrassment

1 Look at the picture on pages 38 to 39 of the EMOTIONARY and answer the questions.

● What has happened to the sheep standing in the middle?

Sample answer: She is naked: she has lost her woolly coat and is embarrassed because everyone is looking at her.

● How can you tell how she feels?

Sample answer: She is blushing and trying to cover up her body with her hooves.

2 What are the sheep thinking? Write down your answers.



Sample answer: I'm so embarrassed!

Everyone is looking at me and I'm naked!

Sample answer: Wow! What has happened

to her? She's naked!



3

Read the text on page 38 of the EMOTIONARY and answer the questions.

- Does embarrassment appear when you are expecting it to? If not, how does it appear?

No, it doesn't. It appears unexpectedly.

- When do you feel embarrassment?

When you make a mistake or when you think that people are going to laugh at you.

- How can other people see that you are embarrassed?

You go red.

4

In the text it says that **embarrassment** isn't very **discreet**. What does **discreet** mean? Tick the correct answer.

- It doesn't try to hide. If you're embarrassed, you can't hide.
- It doesn't serve any purpose.
- It doesn't take other people into consideration.

- What's the opposite of **discreet**?

 d l N D I S C R E E T

- Write the opposite of the words below.

unlikely → likely

unfortunately → fortunately

possible → impossible

aware → unaware

5 Write the words from the **embarrassment** family next to their definitions.

embarrassment

embarrassed

embarrassing

embarrass

unembarrassed

- A feeling of shame or awkwardness → **embarrassment**
- To cause embarrassment → **embarrass**
- Feeling or showing embarrassment → **embarrassed**
- Not feeling or showing embarrassment → **unembarrassed**
- Causing someone to feel embarrassed → **embarrassing**

6 We don't only feel **embarrassment** as a result of something we have done ourselves. Copy the sentence from the text on page 38 of the EMOTIONARY which shows that we can sometimes feel another kind of embarrassment.

Although it seems unlikely, it's possible to feel

embarrassment for something that another person has done.

7 Imagine a situation where you feel **embarrassed** for a friend. Write about it.

Open answer

8 Ask three friends or family members what makes them feel **embarrassed** and how they deal with it. Write their answers.

Open answer

9 Think about the last time you felt **embarrassed**. Why? What were you thinking when you were embarrassed?

Open answer

- Do you think you would have been **embarrassed** if you had tried to think differently?

Open answer

10 What do you do when you feel **embarrassed**?

Open answer

11 Read about on Planet Barremass below. Then draw a picture of an **embarrassing** situation on this planet.

On Planet Barremass we get embarrassed too – but not for the same reasons as you do on Earth. We get embarrassed when people put things on their heads or walk, instead of hopping. When we are embarrassed, our faces go green and our mouths fall open.

Open answer

