



Embarrassment

1

Look at the picture on pages 38 to 39 of the EMOTIONARY and answer the questions.

● What has happened to the sheep standing in the middle?

● How can you tell how she feels?

2

What are the sheep thinking? Write down your answers.



Two large blue thought bubbles are provided for writing answers. The top bubble contains two horizontal lines. The bottom bubble contains two horizontal lines. A small circular inset image of a sheep's face is located at the bottom left of the page, connected to the bottom thought bubble.

3

Read the text on page 38 of the EMOTIONARY and answer the questions.

- Does embarrassment appear when you are expecting it to? If not, how does it appear?

- When do you feel embarrassment?

- How can other people see that you are embarrassed?

4

In the text it says that **embarrassment** isn't very **discreet**. What does **discreet** mean? Tick the correct answer.

- It doesn't try to hide. If you're embarrassed, you can't hide!
- It doesn't serve any purpose.
- It doesn't take other people into consideration.

- What's the opposite of **discreet**?

- Write the opposite of the words below.

unlikely → _____ unfortunately → _____

possible → _____ aware → _____

5 Write the words from the **embarrassment** family next to their definitions.

embarrassment embarrassed embarrassing
 embarrass unembarrassed

- A feeling of shame or awkwardness → _____
- To cause embarrassment → _____
- Feeling or showing embarrassment → _____
- Not feeling or showing embarrassment → _____
- Causing someone to feel embarrassed → _____

6 We don't only feel **embarrassment** as a result of something we have done ourselves. Copy the sentence from the text on page 38 of the EMOTIONARY which shows that we can sometimes feel another kind of embarrassment.

7 Imagine a situation where you feel **embarrassed** for a friend. Write about it.

8 Ask three friends or family members what makes them feel **embarrassed** and how they deal with it. Write their answers.

9 Think about the last time you felt **embarrassed**. Why? What were you thinking when you were embarrassed?

● Do you think you would have been **embarrassed** if you had tried to think differently?

10 What do you do when you feel **embarrassed**?

11 Read about Planet Barremass below. Then draw a picture of an **embarrassing** situation on this planet.

On Planet Barremass we get embarrassed too – but not for the same reasons as you do on Earth. We get embarrassed when people put things on their heads or walk, instead of hopping. When we are embarrassed, our faces go green and our mouths fall open.

