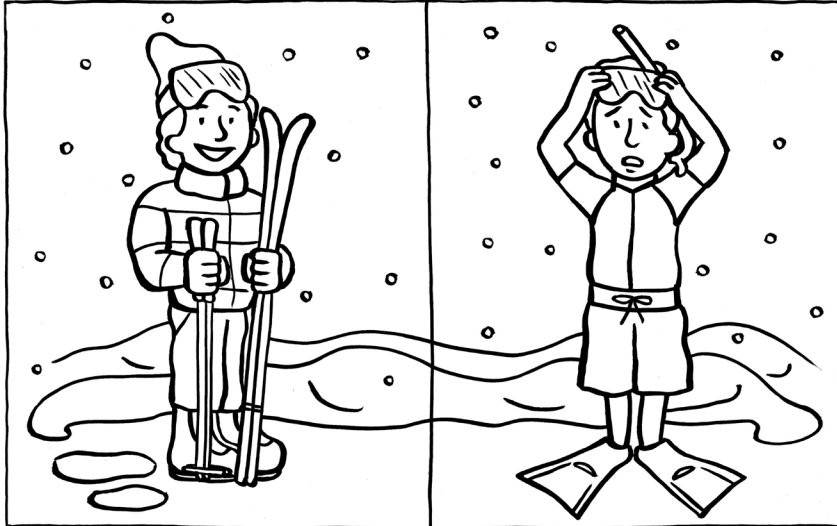


We feel happy

Who is happy? Look at the pictures and choose the correct answers.

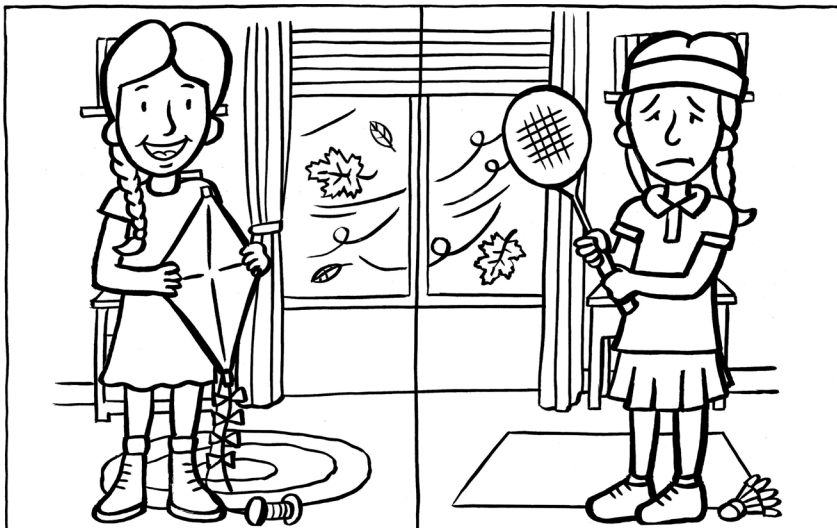


Who is happy?

- The man with the skis.
- The man with the swimsuit.

Why?

- Because it's sunny.
- Because it's snowing.



Who is happy?

- The girl with the badminton racket.
- The girl with the kite.

Why?

- Because it's sunny.
- Because it's windy.



Who is happy?

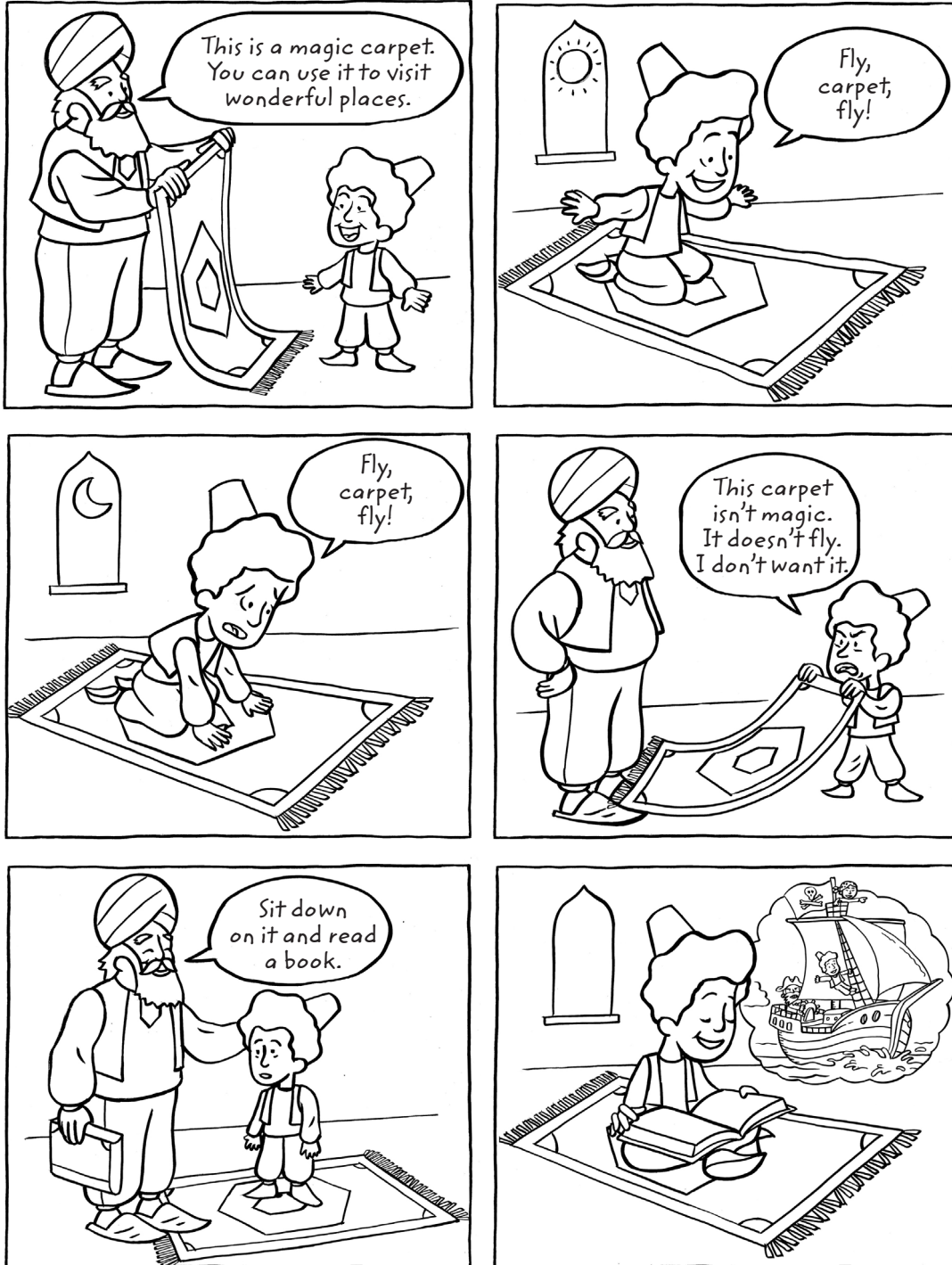
- The girl selling umbrellas.
- The man selling watering cans.

Why?

- Because it's sunny.
- Because it's raining.

How disappointing!

Read the story and choose the correct answers.



What does the boy think the carpet can do?

Fly.

Do magic tricks.

Talk.

Can the carpet do this?

Yes.

No.

Sometimes.

How does the boy feel?

Relieved.

Disappointed.

Angry

When do we feel disappointed?

When something turns out how we wanted it to.

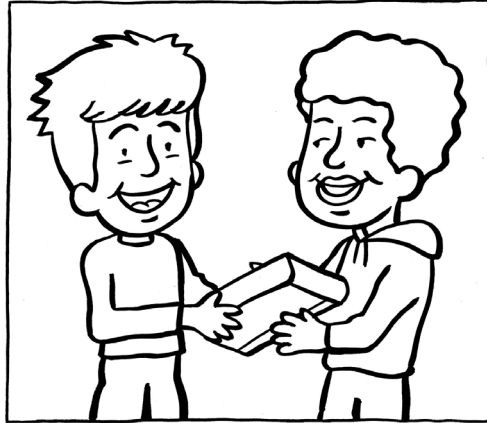
When something doesn't turn out how we wanted it to.

We all feel grateful

1. Listen to the sentences and match them to the pictures.



a.



b.



c.



d.

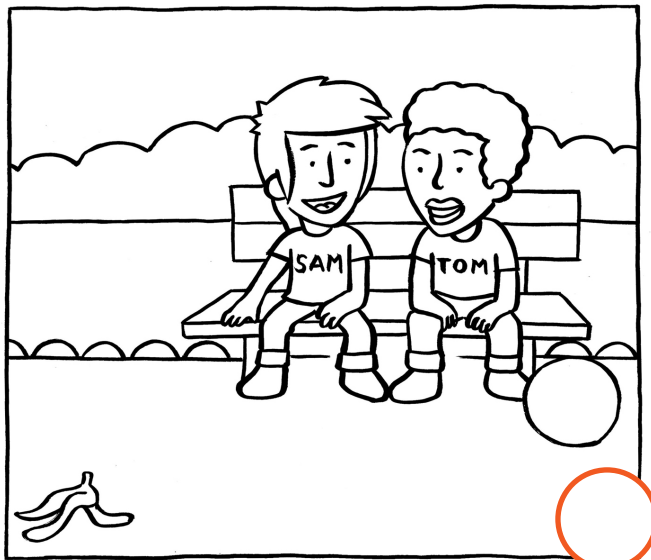


e.

2. Is there a child who doesn't feel grateful? Which one? Cross out the picture.

Who feels guilty?

Put the pictures in order and mark the correct option with an X.



• What is Sam's idea?

- Throwing the banana skin on the ground. Sitting on a bench.

• What are the consequences of his idea?

- The banana fell on the ground. A lady slipped and fell.

• Who feels guilty?

- Tom. Sam.

• Why does he feel guilty?

- Because the banana fell on the ground. Because the lady slipped and fell.

Very satisfying activities

Which activities are satisfying? Put the sentences in order and write the name of the corresponding child under each picture. Then cross out the picture of the activity that is not satisfying.



.....



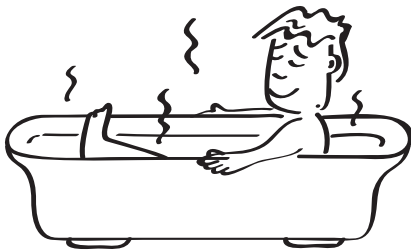
.....

- drinking water glass is a of Mark.
- with Alex arguing sister little is his.
 - picture Carmen painting a is.
 - eating apple an is Stephanie.
 - Thomas tree is a planting.

A calm life

Look at the pictures and cross out the ones where the people don't feel calm.

HABITS THAT CREATE SERENITY



Having a hot bath.



Having a cold shower.



Walking in a big city.



Walking in the country.



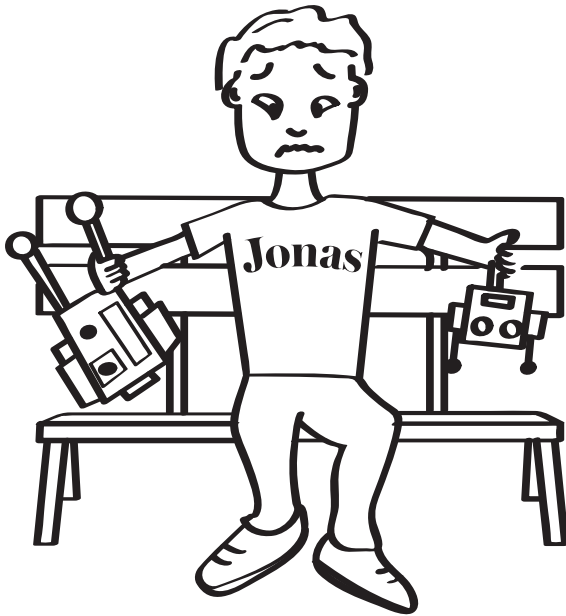
Listening to classical music.



Listening to the noise of a traffic jam.

Is Jonas sad?

Look at the pictures and write YES or NO next to each sentence.



- Jonas has got a robot.
- The robot is broken.
- Jonas is crying.
- Jonas is sad.

- Eva is happy.
- There are tears on Eva's face.
- Eva is playing with her friends.
- Eva is sad.



- David is playing with a Rubik's cube.
- David is concentrating.
- David is crying.
- David is sad.



Moments of stress

Look at the faces of the children in the picture and choose the correct answer for each question.



Who feels stressed?

Sarah.

Sheila.

Paul.

Why does he/she feel stressed?

He/she doesn't know the answers.

He/she is talking too much in class.

He/she has worked very hard.

What is the opposite of feeling stressed?

Feeling proud.

Feeling relaxed.

Feeling embarrassed.

Moments of stress

Look at the faces of the children in the picture and choose the correct answer for each question.



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So confused!

All these children are confused. Read what they say and then underline the two emotions you think each child is feeling.



Yesterday my dog got lost. My dad has put posters up all over the neighbourhood to help find him. I'm sad, yes, but also...

- gratitude
- sadness
- excitement
- relief
- hope



I don't know what's happening to me. I really want to learn to surf, but ... oh, the waves are soooo high!

- guilt
- sadness
- excitement
- fear
- calm



I've got a new baby brother. I can't wait to play with him! But will mum and dad still have time for me?

- love
- calm
- guilt
- jealousy
- stress

I'm so enthusiastic!

Look at the picture and underline the correct words to complete the text.



Today, class 4 are going to do a **chemistry / physics** experiment.

The boy with glasses thinks it's going to be **fun / boring**. The girl with glasses thinks chemistry is **difficult / boring**. There are **two / three** children who feel **enthusiastic / bored**.

One is wearing a **striped jersey / t-shirt**. The other is wearing a **cap / glasses**.

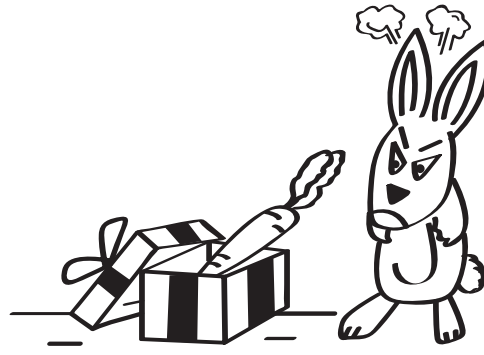
Who's surprised?

Which animal is surprised? Match each animal with the correct text and then circle the one who feels surprised.

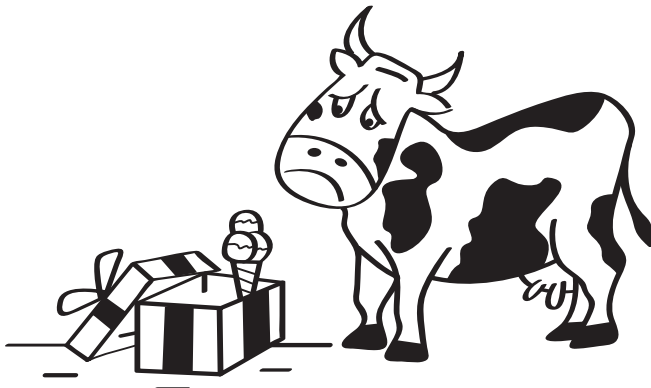
Wow!
What's this?
It's just like a tiny
version of me!



A new
horseshoe!
Great!
Exactly what I
asked for!



Carrots!
Again! I'm so tired
of carrots.



Strawberry
ice cream? What
a disappointment,
I asked for
vanilla!

